



# Projects Calendar

*Many rewarding Volunteer opportunities. Contact POWER to join in!*

Project	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	
<b>Power Plants</b>					Plant 1 day	Weed 1-2 days depending on the weeds	Weed 1-2 days	Weed 1-2 days	Harvest 1 day				
<b>Calgary Inter-Faith Food Bank</b>	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	
<b>Christmas Gift Bags</b>												1 day	
<b>Christmas Kettle Drive</b>												1 day	
<b>Daffodil Days</b>			2 days										
<b>Highway Cleanup</b>									1 day				
<b>Hull Stampede Breakfast</b>							1 day						
<b>Knit Wits</b>													
<b>Lest we Forget</b>											1 day		
<b>Paint the Town</b>						1 day							
<b>Ronald McDonald House Suppers</b>													
<b>Seniors Teas</b>	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	
<b>SNAP</b>													
<b>Something Warm</b>													
<b>Tim Horton Children's Ranch Clean-up</b>					2 days				2 days				
<b>Walking Tour</b>					Every Wed	Every Wed	Every Wed	Every Wed	Every Wed	Every Wed			
<b>Volunteer Hours</b>													
<b>POWER Pages</b>													
					2-3 days each applicable month								



## **Project Descriptions**

Spring 2016

*Contact POWER for more information.*

### **Power Plants**

Members tend a garden each year and the harvested vegetables are donated to the Calgary Inter-Faith Food Bank.

### **Calgary Inter-Faith Food Bank**

Members volunteer for one shift per month at the Calgary Inter-Faith Food Bank.

### **Christmas Gift Bags**

Members donate personal care & small clothing articles for gift bags created for the Calgary Association of Self Help.

### **Christmas Kettle Drive**

Members volunteer to man a Christmas Kettle for one three hour shift once a year.

### **Daffodil Days**

Members sell daffodils to raise funds for the Canadian Cancer Society.

### **Highway Cleanup**

Members conduct cleanup along adopted stretches of highway in the Calgary area.

### **Hull Stampede Breakfast**

Members assist at the Hull Family Services' annual Stampede Breakfast.

### **Knit Wits**

Members knit, crochet or sew items for donation to organizations like Hull Home, Children's Hospital, etc.

### **Lest we Forget**

Members visit offices selling poppy pins before Remembrance Day. (TransAlta, AltaLink, Fortis, High Time, etc.)

### **Paint the Town**

Members, jointly with TransAlta employees, paint the exteriors of homes to assist seniors in need.

### **Ronald McDonald House Suppers**

Members volunteer to prepare and serve meals to parents and families staying at the Ronald McDonald House.

### **Seniors Teas**

Members assist at the Chinook Care Centre setting up, serving tea & cake and participating in friendly socializing, at their monthly birthday party.

### **SNAP**

Beverage can tabs and clean aluminum is collected at luncheons to assist children with diabetes in attending specialized camps.

### **Something Warm**

Collection of winter clothing & hygiene supplies at Oct & Nov luncheons for donation to the Calgary Drop-In Centre.

### **Tim Horton Children's Ranch Clean-up**

Members help staff at Tim Hortons Children's Ranch with cleanup and maintenance.

### **Walking Tour**

Members provide a guided walking tour of interesting points in downtown Calgary.

### **Volunteer Hours**

Ongoing collection of volunteer hours for yearly report to TransAlta.

### **POWER Pages**

Newsletter published 4 times a year, keeping members updated on POWER's projects and activities.